

Recommended Hot Springs & Public Baths

*Listed hot springs and public baths are a selection based on the recommendations from the tourism associations.

23 Wards

Ota City

- Kaiseiyu
- COCOFURO Masu-no-yu
- Kugaharayu
- You City Kamata
- Daiichi Sagami-yu
- Kamata Onsen
- Teruno-yu
- Sakurakan
- SPA&HOTEL Nagomi

Shinjuku City

- Sakaeyu
- Kinsen-yu
- Yanagiya
- Fukunoyu
- Shin-Okubo Mannenyu
- Takenoyu
- Yu-za Nakai
- Kanazawa Yokujo
- Daisan Tamanoyu
- Minowa-yu
- Tohoyu
- Atamiyu
- Ochiai Matsunoyu
- Benten-yu
- Sekaiyu
- Taiseiyu

Setagaya City

- Yu-Park-Levee-Land
- Shin-Kotobuki-yu
- Fuji-no-yu
- Fujimi-yu
- Kuri-no-yu
- Koma-no-yu
- Tsukimi-yu-onsen
- Matsu-no-yu
- Udagawa-yu

Shinagawa City

- Suehiro-yu
- Fujimi-yu
- Peace-yu
- Nishishinagawa Onsen Miyagiyu
- Nakanobu Onsen Matsu-no-yu

Adachi City

- Takara-yu

Koto City

- Tokyo Toyosu Manyo Club

Tama

Machida City

- Roten Garden Natural Hot Spring

Kodaira City

- Terme Ogawa

Hachioji City

- Matsu-no-yu
- Inariyu
- Ryusenji-no-yu
- Gokurakuyu

Hinode Town

- Shogaiseishun-no-yu
- Tsurutsuru-Onsen

Hinohara Village

- Hinohara Onsen Center
- Kazuma-no-yu

Akiruno City

- Akigawakeikoku Seoto-no-yu Spa

Shima

Miyakejima

- Furusato-no-yu

Shikinejima

- Jinata-Onsen

Niijima

- Yunohama Roten Onsen

Scan the QR more information about the Tokyo hot springs listed.▶



Introducing a selection of hot springs and public baths recommended by the Tourism Associations!

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Tama



1 Machida City

Roten Garden Natural Hot Spring

This is the **first hydrogen carbonate natural hot spring** in Machida City with no added water. It is drawn from a depth of 1,381 meters underground with a temperature of 36.4°C.

3 Kodaira City

Kodaira Natural Hot Springs Terme Ogawa

A hot spring with two distinct concepts. The woman's bath is a western-style bath recreating **ancient Roman** and Turkish baths and saunas. The men's bath is a Japanese-style bath featuring a landscape of large and small rocks resembling a **Japanese garden**.

Shima

5 Miyakejima

Furusato-no-yu

The **only hot spring located on the western side of Miyakejima**. You can enjoy a stunning view of the beautiful sunset over the Pacific Ocean. After the hot spring, enjoy a meal at SOLA, a restaurant where you can savor the flavors of the island.



2 Hachioji City

Gokurakuyu

Keio Takaosan Onsen Gokurakuyu, located at the gateway to Mount Takao, features a soothing alkaline outdoor rock bath that springs from about 1,000 meters underground, perfect for relieving the fatigue of hiking.



4 Akiruno City

Akigawakeikoku Seoto-no-yu Spa

A hot spring facility overlooking the vast natural beauty of a national park. The hot spring, which flows from 1,500 meters underground, is highly alkaline and renowned as a **beauty-enhancing bath**. With an on-site restaurant and accommodations, it's perfect for a spontaneous weekend getaway.

Niijima

6 Yunohama Roten Onsen

The open-air Yunohama hot spring crafted from the volcanic rock, Koga stone, a unique specialty of Niijima, offers an experience reminiscent of ancient Greek architecture. Set right by the sea, you can soak in a true hot spring while taking in breathtaking **ocean views** that stretch endlessly before you. At night, the hot spring is beautifully illuminated, creating a magical, otherworldly atmosphere that feels entirely different from the daytime.



23 Wards

7 Ota City Kamata

SPA&HOTEL Nagomi

A natural hot spring with **free-flowing black water**. Perhaps the darkest hot spring in Tokyo's Ota Ward!? You'll be amazed by the deep black color. Come see it for yourself!

9 Setagaya City Akatsutsumi

Tsukimi-yu-onsen

A 6-minute walk from Shimo-takaido Station. You can enjoy **authentic hot springs with a variety of mineral-rich waters**. Spring qualities such as ferric ion and metasilicic acid are known for warming the body and leaving the skin smooth, earning high praise.

10 Shinjuku City Shin-Okubo

Shin-Okubo Mannenyu

A hidden gem of a bathhouse in the city center. Located just a **5-minute walk from Shin-Okubo Station**, it's very accessible. The entire facility uses soft water, and the gentle, skin-friendly water that feels great is a popular feature.

8 Shinagawa City Oimachi

Suehiro-yu

A bathhouse with a distinctive **octagonal washing area**. After overcoming closure due to aging, it has partially been renovated and is making a fresh start. The owner, who is also a beer enthusiast, offers craft beers that are perfect for enjoying after a bath.

11 Adachi City Kitasenju

Takara-yu

A bathhouse boasting a **Japanese garden that is often referred to as the King of Engawa or the King of Gardens**. Light-up events started in February 2024, allowing visitors to experience a truly magical atmosphere.

12 Koto City Toyosu

Tokyo Toyosu Manyo Club

A **24-hour bathing facility located in the newly opened Toyosu Senkyaku Banrai hot bath building**, in February 2024. You can enjoy hot springs from Hakone and Yugawara while staying in Tokyo. The facility also features a stone sauna, a buffet restaurant, and relaxation services, offering a perfect day tailored to your preferences.

* The numbers displayed correspond to the map locations on the reverse side.



Explore, Unwind, Enjoy

Explore Tokyo, a dynamic city with metropolis, nature, and sea!

TOKYO SYUKAKUSAI 2024



TOKYO 周獲祭 SYUKAKUSAI 2024

You can enjoy 3 types of hot springs at the TOKYO SYUKAKUSAI venue!

Tama Hinode Town



Shogaiseishun-no-yu Tsurutsuru-Onsen

Soak in and feel silky smooth, step out and feel warm and refreshed. It is said that a single soak adds ten years to your life, and repeated baths can make you feel rejuvenated.

The hot spring water is drawn from 1,500 meters underground and is rich in alkaline minerals. Once you immerse yourself, as the name suggests, your skin will become wonderfully smooth!

- Outdoor bath
- natural hot spring
- sauna
- dining

After a day out, soak in the hot spring and enjoy a refreshing time for both your body and mind.



Tama is known for lush greenery, mountains, and breathtaking nature! It's a popular destination for leisure, filled with majestic mountains, beautiful landscapes, and abundant greenery.

Excellent access to the city center!
With JR lines, private railways, and monorails, transportation to the city is convenient, making it perfect for weekend getaways and excursions.



The large Western-style bath, Shogai seishun-no-yu, and the Japanese-style bath, Bijin-no-yu, alternate daily between the men's and women's baths.



Western-style Shogai seishun-no-yu

Japanese-style Bijin-no-yu



Kamata, Ota City

Established in the 12th year of the Showa era. A beloved black-colored hot spring in Kamata.

Kamata Onsen is a traditional bathhouse in the downtown area.

The deep black-colored water, Kuroyu, is effective for beautiful skin and fatigue recovery! Enjoy the pure strength of the natural spring and the revitalizing hot water for a truly refreshing experience.

<The Charm of Kuroyu(Black-colored Hot Spring)>

- ① It retains heat well, providing a soothing, smooth, and silky bath that leaves your skin soft and beautiful.
- ② One of the hottest baths in Tokyo. The bath is divided into high and low-temperature pools, with the high-temperature pool sometimes reaching close to 50°C! The water is heated using firewood.
- ③ Pure spring water, no added water! Rich in mineral content, the black hot spring is not diluted in any way.

- natural hot spring
- sauna
- dining



After your bath, head to the Kamata Onsen Shokudo Cafeteria on the second floor!



The authentic Onsen Kamameshi (hot spring rice pot) is made with carefully selected ingredients. The original souvenirs are also very popular!

Shikinejima

Jinata Onsen

A breathtaking hot spring with a landscape resembling terrain split by an axe. Bring your swimsuit, and you can enjoy the outdoor bath 24 hours a day, whenever you like. And it's free! Relax under a sky full of stars for a truly soothing experience.

- Outdoor bath
- natural hot spring



Islands are defined by the sea and a sky filled with stars.

The sea is exceptionally clear. At night, a sky full of stars stretching across the horizon. Every now and then, why not forget the hustle and bustle of daily life and surrender to nature? Experience the breathtaking views so captivating, you'll almost forget you're in Tokyo.



The bath can be enjoyed regardless of the tides!



This is the only hot spring with colorless and transparent water on the island. It is effective for healing cuts and scrapes!

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