# Hot spring experience at the venue



landscapes in winter!

leaves in autumn, and snowy



**Accommodation cottage** 

minute walk from Seotonoyu

In the deep darkness at night, you can gaze at a starry sky so vivid you might not believe you are in Tokyo. And the following morning, you'll awaken gently, surrounded by



# Seotonoyu

The hot spring water, flowing from 1,500 meters underground, is highly alkaline and wonderful for smooth, beautiful skin. Surrounded by abundant nature, you can relax and take in the seasonal scenery. At night, you can soak in the steaming open-air bath and look up at the sky full of stars. You might even spot nocturnal animals if you look into the trees!

### commended attraction in the area Ishibune Dining



Adjacent to Seotonoyu

Surrounded by large windows, this restaurant offers sweeping views of lush summer greenery and vibrant autumn foliage, where you can savor your meal while immersing yourself in the brilliance of nature.

City

(16)

2 Moegi-no-Yu

Kakeinoyu

8 Seotonoyu

This fun and unique bathhouse inspired by

Greece and pro wrestling is just a 126-second

over 100 varieties of unique medicinal baths

Bath, sparkling wine bath, and more! Saunas are available for both men and women, with

automatic Löyly featured in the men's bath.

walk from Tokyo Skytree Station. You can enjoy

that change daily, including the signature Tower

Galera Sauna Tachikawa

7 Jindaiii natural onsen Yumorinosato

Yakushiyu

AkishimaFuiimivu

**⑥** TAKAO 36 SAUNA

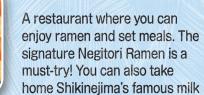


# Jinata Onsen

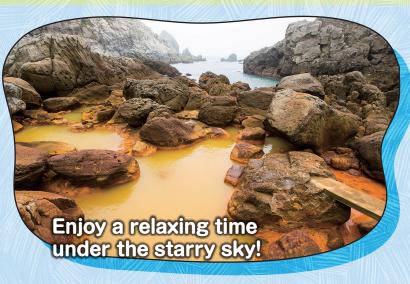
At the end of a long flight of stairs lies the hidden hot spring, Jinata Onsen. It is an iron sulfide spring with reddish-brown water. Locally, it is known as the "internal medicine bath," reputed to help with digestive disorders, neuralgia, rheumatism, poor circulation, and women's health issues. The hot spring is formed by natural rocks along the sea, so the temperature changes with the tides. Exploring the various pools and finding the perfect spot adds to the charm of the experience.



### Sun Valley d attraction in the area



rice crackers as a souvenir.



The sea is characterized by its exceptional clarity, and at night, the sky is adorned with countless stars. Let nature embrace you as you take a break from your busy

You can enjoy this hot spring at the event!

Bath salt: Jinatanovu



Renovated in April 2025!

Deep Sea Water Bath A popular bath salt at Yakushiyu. Marine minerals leave your skin soft and

There's also a sauna

that helps relieve

immunity, and aid

stress, boost

recovery from

fatigue!

# baths throughout the

# Recommended attraction in the area

Kairyouyu

Rvogoku Yuva Edovu

13 Natural Onsen Hisamatsuyu

Kaiseivu

Egotayu

15 Yakushiyu

14 Tokyo Yokujo



An indoor aquarium adjacent to Tokyo Skytree. This aquarium features exhibits where you can experience the breath of life up close, such as an open-style penguin pool.



**Tokyo Convention & Visitors Bureau** 

# **Enjoy over 100 different**

# **SUMIDA AQUARIUM**

Kozu shima hotspring

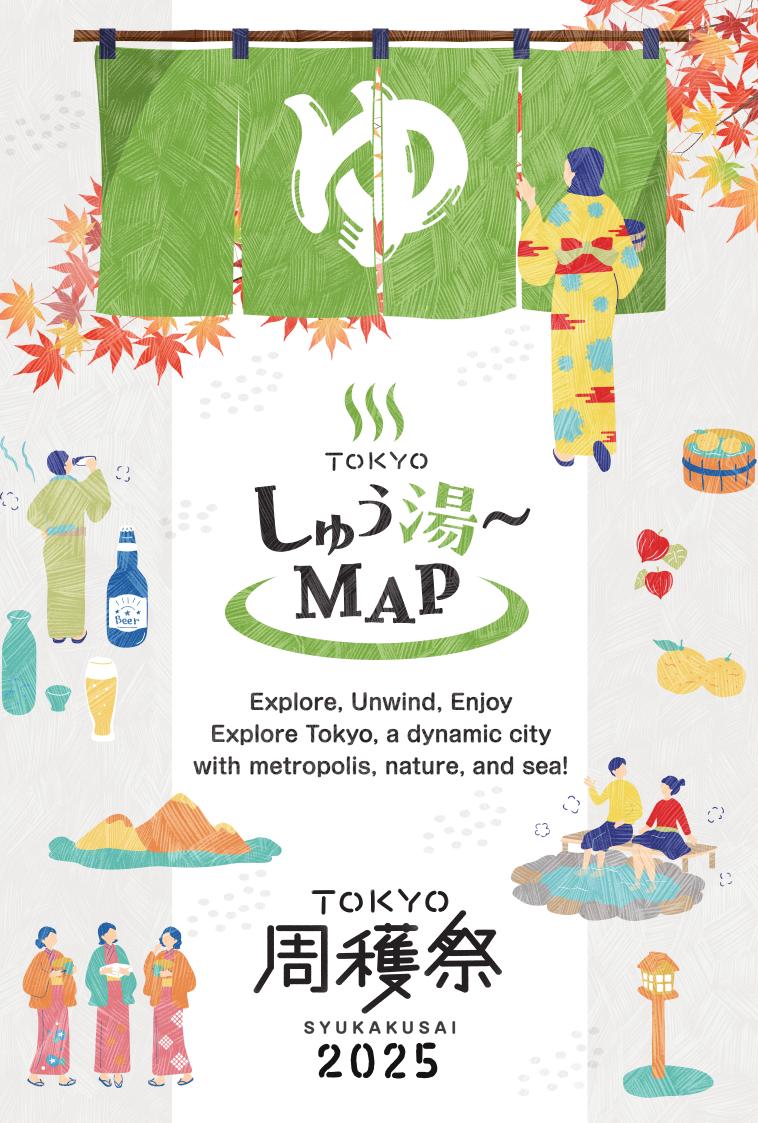
Oshima Hot Spa Hotel

recreation center

Jinata Onsen

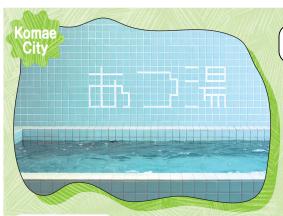






# Today's sentos combine photogenic charm with relaxation and are excellent for a detour! Relaxing Tokyo Bath Special

In recent years, more and more hot springs and sentos have added features like saunas, bars and art-filled spaces. This brochure introduces a variety of spots where you can enjoy Tokyo's unique styles of bathing. Take your time and explore Tokyo's hot spring and sento culture



### **TRUFFLE DONUT**

At this popular shop that always has a line, you can enjoy around 10 varieties of original fresh donuts. ncluding seasonal specials!

# Komaeyu

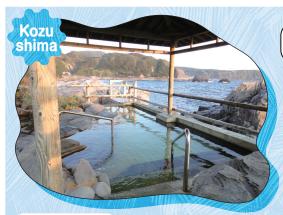
This long-established public bathhouse was founded in 1955 and renovated as a modern healing space. The bath uses natural water taken from the depths of the Tama River, which is then heated. The water is known to be gentle on the skin and soothing for the soul. After your bath, head to the café bar to enjoy carefully selected craft beers from across Japan. This is a new relaxation spot that goes beyond the traditional bathhouse, offering an experience for all five senses.



he park located in the Tama Hills is of animals, where much of the lush natural environment remains

# AkishimaFujimiyu

Offering high-quality bathwater sourced from 100% well water, featuring over seven types of tubs, and including open-air bath and sauna (for an additional charge) to provide a complete "totonoi" relaxation experience. Open 22 hours a day, this iconic sento in Akishima lets you drop by freely, day or night.



### Kozu shima hotspring recreation center

Discover one of Japan's few large open-air baths, crafted from natural rock formations! Spanning 275 square meters, the expansive space offers a breathtaking open view, perfect for melting away stress. At night, you can gaze up at a sky full of stars and immerse yourself in nature's Akasaki walking path

This scenic walking path offers stunning views of Mt. Fuji and

the Izu Islands. In summer, it becomes a favorite spot for

diving platform.\*Please note the area will be closed for

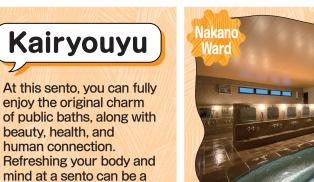
children and tourists playing in the sea by jumping from the

struction from late October to late December 2025



# Cosmo Planetarium

Just a 5-minute walk from Shibuya Station, this planetarium offers a wide variety of projection programs. A top recommendation is the program "Tonight's Star Tour," where you can enjoy nstellation explanations by unique and engaging guides



through renovation into a space reminiscent of a sacred spring inside a cave. Featuring a carbonated bath, sauna, and cold bath, this underground oasis offers a relaxing retreat where you can feel connected to the earth

Natural Onsen Hisamatsuvu

The hot spring, drawn

underground, offers a

soothing and relaxing

experience in the hear

of Sakuradai. Projection

stunning light display

setting for quality time

creating the perfect

from 1.500 meters

mapping adds a

Egotayu

This sento was reborn



# Tetsugakudo Park

This park, founded by Inoue Enryo, the founder of Toyo University and a renowned philosopher, was designed as a place for spiritual development. It visually represents the world of philosophy and serves as a distinctive venue for philosophical and social education. making it a unique park unlike any other in Japan



### likawa International Fishing Spot

This fishing spot is conveniently located just a 5-minute walk from Okutama Station. It's known for being close, spacious, and safe, so everyone from children to the elderly can enjoy fishing with peace of mind.

# Moegi-no-Yu

This 100% natural hot spring draws water from deep beneath Okutama. originating from the Paleozoic strata, which is said to be Japan's oldest geological layer. Nearby, vou'll find the Hikawa International Fishing Spot and Hikawa Camp Site. It's an ideal place to relax after a



### **BBQ&DINER!** JU-JU

A barbecue area with a calm, elaxing atmosphere, nestled among trees in a quiet corner of a bustling amusement park.

# Kakeinoyu

The open-air bath with a breathtaking view offers a spectacular panoramic view of greenery at an elevation of about 100 meters and sweeping sights of the city skyline. In the spacious area inspired by the Korean-style sauna "Purugama," you can eniov a bedrock bath filled with negative ions. Come experience the ultimate relaxation unique to



### **OSHIMA PARK ZOO**

This zoo features exhibits that make the most of the natural andscape, including mountains formed by lava from past eruptions and native forests

## Oshima Hot Spa Hotel

From the open-air bath, you can enjoy an unobstructed view of the majestic Mt. Mihara beyond the pristine forest. After you bathe, indulge in the specialty 'Tsubaki Fondue,' featuring local vegetables like the renowned Ashitaba and fresh seafood, lightly battered and fried in premium camellia oil.



Rooftop Kamataen

This small amusement park is located on the rooftop of Tokyu Plaza Kamata. The Ferris wheel, in particular, is beloved as the "Happy



beauty, health, and

human connection.

nice alternative to waiting

at a cafe or bookstore if

most of your time before

you want to make the

meeting someone.

Enjoy a hot spring bath while watching fish! Beneath the backdrop painting of Mount Fuji is an aquarium where you can gaze at swimming goldfish and koi while soaking in the black



### **HIBIYAKIIMOTokyo**

potato shop that won first place at the National Roasted Sweet Potato Grand Prix!



together.





A national park spanning Tachikawa and Akishima in Tokyo. The 2025 Koyo Autumn Leaves Festival and Autumn Night Walk is being held until Sunday, November 30. Illuminations run from 16:30 to 20:30 (park closes at 21:00). Even after the event ends, autumn foliage can still be lioved throughout the park until early December

# Galera Sauna Tachikawa

Located in the heart of the city, this authentic Finnish-style sauna offers a "totonoi" experience in harmony with nature. The facility requires swimwear and features separate areas for men and women, as well as a private "Premium Area" where families and friends can enjoy the sauna SHOWA KINEN PARK together, regardless of gender.



### TAKAO SUMIRE AN

# This Japanese-style café is located at the foot of Mount Takao

soft-serve ice cream made with local milk

right in front of Kiyotaki Station, where the cable car departs and

rrives. It offers original inarizushi, grilled mochi rice cakes, and

# TAKAO 36 SAUNA

Enjoy moments of relaxation at the brewery and sauna located near the foot of Mount Takao after a day's outing. At this Michelin three-star destination, you can enjoy craft beer and sauna while taking in the scents of the changing seasons and colors of



# lindaiji Temple

This is one of the oldest temples in the Kanto region, blessed with lush greenery and spring water. It houses valuable cultural treasures, including the Shaka Nyorai statue, a national treasure.

### Jindaiji natural onsen Yumorinosato

This hot spring uses spring water without any added water. Because its salt concentration is almost the same as that of the human body, it is gentle and ideal for therapeutic bathing. A bath featuring projection mapping is also available. Come visit for a relaxing



### Chanko kirishima

The authentic chanko hot pot, passed down from the Michinoku sumo training stable, features pork bone and chicken broth, horoughly simmered for rich flavor. After extensive refinement has been perfected into a light, refreshing taste

# Ryogoku Yuya Edoyu

The striking white noren curtain marks the entrance to the all-new Edo-Yu. Warm up in the bedrock bath, sauna, or large bath with walls adorned with the work of ukiyo-e artist Hokusai, a local of the area. You can also drift into a nap in the relaxation lounge or during an esthetic treatment. Let your body and mind gently unwind and enjoy a moment of pure comfort.



### Onigiri Ichiryu manpuku

Each rice ball is made with the heartfelt wish that every grain brings happiness to the

# Come see the impressive wall-to-wall bookshelves

that dominate the space, featuring a massive bookshelf with a loft in the lobby. You can immerse yourself in a collection of 7.000 volumes, from magazines to manga and picture books, while enjoying craft beers that change weekly.



